



# Cookham Medical Centre News

Winter 2020

Produced for CMC by the Patient Participation Group (PPG)  
[www.cookhammedicalcentre.co.uk](http://www.cookhammedicalcentre.co.uk)



## Christmas Opening Hours

### Cookham Medical Centre

24 Dec – Normal hours  
Christmas Day - Closed  
Boxing Day – Closed  
27 Dec – Closed  
28 Dec – Closed  
29 Dec - Normal hours  
30/31 Dec – Normal hours  
New Years Day – Closed  
02 Jan - Normal hours

**When the surgery is closed:  
For medical advice, call 111  
In an emergency, call 999**

**Please note that as usual over the  
Christmas period we will switch to  
mainly book on the day and Duty  
Dr triage to ensure we meet the  
more urgent demand**



Please make requests for  
prescriptions as early as possible

## Vandalism

The surgery has been boarded  
up not because it was closed  
but because of an act of  
vandalism and is now repaired.

## Surgery Update

Doctors are on site and seeing patients every weekday. The surgery is catching up with procedures such as coils and implants, smears and monitoring long term conditions.

## Flu Clinics

These have been well attended but there are still many over 65s and those in risk groups who have still not attended so please book as soon as possible.



The surgery has supplies of flu vaccine for the at risk groups AND for the age range 50-64 (not otherwise at risk) who are eligible for NHS flu vaccine from the 1<sup>st</sup> December

Bookings are now being taken for this new group – the clinics will mostly be done as a drive through clinic at the old Magnet Leisure Centre car park

## Ear syringing

This is not available at the surgery at the present time.

## Bereavement

When there has been a bereavement GP's take care of the necessary paperwork, certificates and cremation forms and liaise with the funeral director and/or family as applicable. They may make condolence calls to the immediate family if they have had involvement in the final weeks or the patient and family is well known to them. They would try and not be intrusive so that if they called and got no answer a few times they would leave the family in peace.

Bereavement support, counselling and advice are available to all - simply make an appointment with the GP initially. Information is also available on the surgery website

## Thank you

The surgery would like to say thank you once again to the Scouts and the Cherry pickers for the loan of tents and barriers which have been such a key part of the Covid safety precautions.

## Welcome to new staff

The surgery has recently welcomed 2 new staff members Ms Jaspal Sohal (Clinical Pharmacist) and Miss Shauna Silvey (Physician Associate).

## Cheerful Art

The nurses have put a request on Facebook for children to do some drawings for the Nurses' rooms to make the place look more cheerful. They have had some lovely ones already and hope more will be added to the Wall of Fame. They are very grateful.



## Discharge Summaries

The surgery receives discharge summaries for hospital admissions, both elective and emergency admissions. They do not always reach the surgery promptly so on occasions patients may be asked to give the surgery a copy to speed things up! All summaries are reviewed and any actions such as follow up or a change in medication are completed and the patient contacted if necessary. The surgery would not contact patients automatically if there were no GP actions required but could do so if there were ongoing issues or concerns.

## Message from the PPG

We hope you've enjoyed this report, and some answers to questions we've received. chris.oxtooby@ihbs.co.uk is still our admin assistant and holds our Friends email list. If you could forward this Newsletter to Patients who do not receive this please ask them to let us have their email address. We can no longer produce paper copies of the newsletter due to Covid.

These are difficult times. Do contact the surgery if you need help. Meanwhile stay well. We look forward to the Covid vaccine starting shortly. You will be contacted by the surgery in accordance with the NHS priority list. Please try to avoid contacting the surgery about the vaccine so that the telephone lines are not overwhelmed, leaving people who require medical attention unable to get through.

**Mary-Lou Kellaway, Chairman**

Jane Perry (Vice Chairman and Parish Council)  
Sally Somerville (Secretary)  
Brian Schirn (Treasurer)  
Jill Cruse (Elizabeth House)  
Mike Clark (Cookham Voluntary Service)

Brenda Muir (W.I.)  
Moyagh Reid (Carers)  
Jane Mellins (Frimley Hospitals)  
Valerie Elwood, Mike Springate, Lucy Weber  
Jill Stinchcome (Practice Manager) liaises with the PPG on behalf of the surgery.

## Cookham Medical Centre

Lower Road, Cookham, Berkshire SL6 9HX

### Health Centre Doctors

Dr Azmy Birdi  
Dr Michael Sealy  
Dr Anu Swamy  
Dr Kenney Tsoi  
Dr Anika Maudgil  
Dr Aimee Lettis

### Trainee GPs

Dr Fahad Jarjees  
Dr Sophie Chambers  
Dr Clare Westcott

### Practice Manager

Jill Stinchcombe

### Nursing Team

Nurse Jade Maynard  
Nurse Barbara Gall  
HCA Christine Penny  
HCA Jamie-Lee King  
Clinical Pharmacist Nicky Greenberg



**All the staff at Cookham Medical Centre  
together with the PPG wish you a peaceful and healthy Christmas and  
New Year**