

## Saturdays

### La Jolie Ronde French Club

**Location:** Holy Trinity C.E. School, School Lane, Cookham SL6 9QJ

**Age-groups:** 2 to 4 years

**Time:** 11.15am - 11.45am

**Cost:** £5.50 per session

Language development is at its best with children of this age and we make learning French fun, stimulate children's imaginations and help them make new friends. Classes are held in small, friendly groups with a French native speaker. Children will need a course book and weekly homework will be set, but nothing very tricky!

**Contact:** Hala Alani 07934 413515 or email [halaalani@live.co.uk](mailto:halaalani@live.co.uk)

### Azure Theatre School

**Location:** Pinder Hall, Lower Road, Cookham Rise SL6 9EH

**Age-groups:** 18 months to 2.5 years **Time:** 9.30am

**Age-groups:** 2 to 3 years **Time:** 10.00am

**Age-groups:** 3.5 to 5 years **Time:** 10.30am

**Cost:** Varies depending on class, please enquire

We offer an extensive range of dance, drama and musical theatre classes taught in a fun, professional yet nurturing environment by friendly, well-qualified teachers.

Children in the 3-5 year age-group learn basic techniques by pretending that they are on 'Amazing Adventures'. These popular creative sessions are the perfect introduction to dance.

**Contact:** Kelly-Marie Gibbs (Principal) 07789 264639  
or email [azuretheatreschool@yahoo.co.uk](mailto:azuretheatreschool@yahoo.co.uk),  
[www.azuretheatreschool.com](http://www.azuretheatreschool.com)

### Little Samurai

**Location:** Holy Trinity CofE School, School Lane, Cookham SL6 9QJ

**Age-group:** 4 to 6 years (*sessions limited to 15 students*)

**Time:** 10.15am - 11am

**Cost:** £8 per session

Based on the principles of kickboxing and suitable for both boys and girls, this martial arts class is fun, non-aggressive & highly disciplined. We develop fitness, confidence and leadership, together with anti-bullying and self-protection techniques. Our black belt qualified instructors are First Aid trained and have public liability insurance. Parents are encouraged to watch their children train.

**Contact:** Matthew Collins 07828 534817  
or email [info@TheSamuraiFitnessGroup.com](mailto:info@TheSamuraiFitnessGroup.com)

## Sundays

### Holy Trinity Sunday Club/Junior Praise

**Location:** The Parish Centre, Church Gate, Cookham SL6 9SP

**Age-groups:** 3 to 6/7 years (*crèche available for under 3s*)

**Time:** 10.45am – 12 noon (*term-time only*)

**Cost:** *Free!*

Sunday Club provides a varied programme of Bible stories, prayers and arts & crafts for little ones whilst older family members attend the morning service. The slightly more formal Junior Praise group caters for older children. Both groups aim to join the main congregation in Church at the offertory hymn. On the first Sunday of the month, Sunday Club and Junior Praise often combine for a Godly Play presentation and don't usually then join the congregation.

**Contact:** Johanna Layng 01628 533015 / 07766 084914

### Cookham Rise Methodist Sunday Club

**Location:** Cookham Rise Methodist Church, Lower Road, Cookham SL6 9EH

**Age-groups:** All children welcome (*crèche available*)

**Time:** 10.30am – 11.30am

**Cost:** *Free!*

Families stay together for the first part of the service before Sunday Club leaders escort the children into the bright and cosy Wesley Hall for Bible stories, singing, games and activities. Toys are provided for babies. Families are reunited for refreshments at around 11.30am.

**Contact:** Connie Jeffery 01628 662500  
email: [crmethodist@gmail.com](mailto:crmethodist@gmail.com)

### Sunbeams

**Location:** St John the Baptist Church, Church Road, Cookham Dean SL6 9PD

**Age-groups:** All children welcome.

**Time:** 9am - 9.45am (*term-time only*)

**Cost:** *Free!*

We have two groups. Our older children meet in the Jubilee Vestry at 9am while younger children go through to the vestry following the start of the service at 9.15. Both groups then re-join the service at "the Peace". Sunbeams is voluntary, and families are welcome to stay together for the whole service if they wish or parents may accompany their children into their Sunbeams group.

**Contacts:** Jacque Rollett 01628 486533  
Gerry Thwaites 01628 486628

**If you run a group for the under 5s in Cookham, and would like to be included in the next Definitive Guide, please contact Sarah Parfitt on: 07900 411715 or email: [sarah\\_parfitt@mail.com](mailto:sarah_parfitt@mail.com)**



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## The Definitive Guide to...



## Activities for Under 5s in Cookham

Sponsored by Herries Preparatory School, a family school located in the former home of Kenneth Grahame, author of 'A Wind in the Willows', where children thrive, become independent learners and develop at their own pace.



*caring for our community*

With special thanks to Cookham.com



## Mondays

### Stay & Play at Herries School

**Location:** Herries School, Dean Lane, Cookham Dean SL6 9BD

**Age-groups:** Birth to 5 years

**Time:** 9.30am - 11am (*term-time only*)  
Starts Monday, 9th September '13

**Cost:** *Free!*

Soft play equipment is provided in the spacious School Hall together with an extensive arts and crafts table. Sessions conclude with a story or song. Complimentary drinks are available for parents, carers and children.

**Contact:** The school office on 01628 483350  
or email [office@herries.org.uk](mailto:office@herries.org.uk)

## Mucky Monsters

**Location:** Various venues. Check website, call or email for details

**Age-group:** 9 months - 5 years

**Time:** 10am - 11am

**Cost:** £6 per child and £4 per sibling. *Free Costa coffee, tea and biscuits.*

Mucky Monsters is an arts & crafts / messy play drop-in session. Check out our website for details of what we do and for our other sessions in the local area.

**Contact:** Paula Parrott 07966 245242 Facebook: [Mucky Monsters](#)  
Email [muckymonsters@gmail.com](mailto:muckymonsters@gmail.com) Web: [www.muckymonsters.com](http://www.muckymonsters.com)

## Tuesdays

### Rainbow Toddlers

**Location:** Wesley Hall, Cookham Rise Methodist Church, Lower Road, Cookham SL6 9EH

**Age-groups:** Baby to starting school  
(*emphasis on the under 3s and their carers*)

**Time:** 9.15am - 11.15am (*term-time only*)

**Cost:** £1.50 per family

Play, paint and sing with Sue and Janet. We provide refreshments for the children and tea and coffee for parents and carers.

**Contact:** Pat Stevens 01628 525800  
or email [crmethodist@gmail.com](mailto:crmethodist@gmail.com)

## Trinity Nippers

**Location:** Holy Trinity Church and then, the Parish Centre, Church Gate, Cookham SL6 9SP

**Age-groups:** Birth to 5 years

**Time:** 10.15am - 11.45am (*term-time only*)

**Cost:** £1 per family

A very friendly way to introduce young children to the Church and Christian values. 25 minutes of songs and stories in church is followed by a snack and an hour of free play in the Parish Centre.

**Contacts:** Sara Britton 07834 686 769 [sara\\_poad@hotmail.com](mailto:sara_poad@hotmail.com)  
Sarah Davies 07970 291166 [sarah.davies321@hotmail.co.uk](mailto:sarah.davies321@hotmail.co.uk)

## Tuesdays cont.

### Jo Jingles (Music & Movement)

**Location:** Cookham Rise Methodist Church, Lower Road  
Cookham SL6 9EH

**Age-groups:** Under 5s

**Time:** 2pm - 2.45pm

**Cost:** £5 per session. Trial Offer: £10 for three sessions.

Educational, structured but most importantly fun, we offer music and movement sessions and use puppets, feathers, parachutes, bubbles and instruments. We adopt a different theme each week and encourage active parental participation.

**Contact:** Roz McKee 07876 328047 [jojingleswam@outlook.com](mailto:jojingleswam@outlook.com)

## StageWorks Performing Arts School

**Location:** Pinder Hall, Lower Road, Cookham Rise SL6 9EH

**Age-groups:** 4 to 6 years

**Time:** 4.30 - 5.15pm (*term-time only*)

**Cost:** £37.50 for a 6 week term

Our fun classes, offering drama, dancing (tap and street jazz) and singing, provide an excellent grounding in the performing arts and help build self confidence.

Teachers are fully qualified and DBS (formally CRB) checked. We hold our annual summer presentation in the Pinder Hall and our Christmas show at the Kenton Theatre Henley-on-Thames.

**Contact:** 01491 877205 or email [enquiries@stageworks.org.uk](mailto:enquiries@stageworks.org.uk)

## Wednesdays

### Stay & Play at Cookham Nursery School

**Location:** Cookham Nursery School, Station Hill, Cookham SL6 9BT

**Age-groups:** Birth to 4 years

**Time:** 9.15am - 10.45am and 1pm - 2.30pm (*term-time only*)

**Cost:** £2 per family (*inclusive of a hot drink and a healthy snack*)

Themed sessions include painting, play dough, music and junk modelling. We also have special visits from educational psychologists, dentists and speech therapists.

**Contact:** Jane Yuill in the school office on 01628 520002  
or email [cookhamnursery@rbwm.org](mailto:cookhamnursery@rbwm.org)

## Thursdays

### Story & Rhymetime

**Location:** Cookham Library (Community Room), High Road,  
Cookham Rise SL6 9JF

**Age-groups:** Birth to 4 years

**Time:** 11am on alternate Thursdays (*term-time only*)

**Cost:** *Free!*

Children, parents and carers share books, stories, songs and rhymes. There is no need to book - just turn up and enjoy 30 minutes of fun!

**Contact:** 01628 526147

## Little Samurai

**Location:** Herries School, Dean Lane, Cookham Dean SL6 9BD

**Time:** 3.45pm - 4.30pm

Please refer to the entry under 'Saturdays' for the description and cost of this activity.

## Holy Trinity Toddler Group

**Location:** The Parish Centre, Church Gate, Cookham SL6 9SP

**Age-groups:** Birth to 5 years

**Time:** 10.00am - 11.30am

**Cost:** £2 for 1 child, £3 for 2  
(*no charge for babies under 6 months*)

Focusing on children from birth to around 3 years, we concentrate on arts & crafts in one large room and offer a great selection of toys in the other. Each session starts with free-play and finishes, after a break for a drink and biscuits, with around 15 minutes of singing.

**Contacts:** Charlotte Strudwicke 07711 068885  
or email [charlottemakeupartist@sky.com](mailto:charlottemakeupartist@sky.com)

## Fridays

### Zoom Zoom Zoom

**Location:** Pinder Hall, Lower Road, Cookham Rise SL6 9EH

**Age-group:** Under 5s

**Time:** 11am - 12noon

**Cost:** £5 per session or £45 for a block booking of 10 sessions. We offer a sibling and twins discount (please enquire). There's no charge for babies under 9 months if accompanying a paying sibling.

A truly unique type of music class, Zoom Zoom Zoom is contemporary, fresh and funky with new takes on old favourites. You and your little ones get to dance, chant rhythmic rhymes, play with finger puppets, dress-up and jam out to percussion. Come and have fun!

**Contact:** Juliette Zoom 07740 431377  
or use the form at [www.zoommusicclub.com/contact.php](http://www.zoommusicclub.com/contact.php)