

**Pinder Hall Calendar
October 2023**

		MORNING 9am/1pm	AFTERNOON 2pm/6pm	EVENING from 6pm
Sunday	1	Plant Sale		
Monday	2	Yoga	Hypnotherapy	Bootcamp
Tuesday	3	Exercise class	Stageworks	Apollo Martial Arts / Badminton
Wednesday	4			WWG Badminton
Thursday	5	Yoga		Pottery class
Friday	6	Elvis evening (Dawson)		
Saturday	7	Azure Theatre School		
Sunday	8	Plant Sale		
Monday	9	Yoga		Bootcamp
Tuesday	10	Exercise class	Stageworks	Apollo Martial Arts / Badminton
Wednesday	11		1st Cookham Brownies / WWG Badminton	
Thursday	12	Yoga		Pottery class / Pinder Hall executive meeting and AGM
Friday	13			
Saturday	14	Azure Theatre School		
Sunday	15	Plant sale		
Monday	16	Yoga		Bootcamp
Tuesday	17	Exercise class	Stageworks	Apollo Martial Arts / Badminton
Wednesday	18			WWG Badminton
Thursday	19	Yoga		PPG Talk
Friday	20			Kapow Wrestling / Kapow Wrestling
Saturday	21	Azure Theatre School		
Sunday	22	Plant sale		
Monday	23	Yoga		Bootcamp
Tuesday	24	Exercise class		Apollo Martial Arts / Badminton
Wednesday	25			WWG Badminton
Thursday	26	Yoga		Pottery class
Friday	27			
Saturday	28	Gathering to celebrate Hindu Festival		
Sunday	29	Plant sale		
Monday	30	Yoga		Bootcamp
Tuesday	31	Exercise class	Stageworks	Apollo Martial Arts / Badminton
		To book, please email pinderhall@cookham.com		